

COSMOPOLITAN

EXPERTS

sex advice

from Amy Levine, Cosmo's Carnal Counselor

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"Is it okay for my guy to blow air into my vagina?"

Q Sometimes my guy blows air into my vagina when he's giving me oral sex. I've heard this can be dangerous. Is it?

A Actually, this is one strange rumor that is not *all* hot air. If your guy forms a seal around your vagina with his lips and forces air inside without allowing it to escape, bubbles can form, which travel through the opening in the cervix up into the uterus, where they may be absorbed into the bloodstream. If at any point the air bubbles block a blood vessel -- especially one that leads to the brain or heart -- it could cause a stroke, heart attack or even death.

However, the chances of that happening are pretty slim. For one thing, blowing air into the vagina is dangerous *only* when your below-the-belt blood vessels are engorged due to hormonal changes that occur during menstruation or pregnancy. Plus, your guy would have to be puffing darn hard to put you at risk.

So, if gentle blowing on your genital area feels good, you've got nothing to worry about. But if you are at all concerned, ask your guy to stick to other titillating techniques.

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