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# COSMOPOLITAN

## EXPERTS

### sex advice

from Amy Levine, Cosmo's Carnal Counselor

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## "Is the oral-sex technique different if a guy is circumcised versus uncircumcised?"

**Q** My new boyfriend is circumcised, but I've only been with uncircumcised men. I've heard that the way you give oral sex is different based on whether or not a guy is circumcised. Can you give me some tips?

**A** ctually, the technique is basically the same, just one less step since there's no foreskin -- a retractable sheath of skin that covers the head (glans) -- to maneuver during oral action. But since every guy -- circumcised or not -- is different, you'll need to experiment with various mouth moves to learn what makes your man moan.

Using your tongue to lavish the nerve-packed nether region, focus on these erogenous areas: Swirl the tip around the glans, flick it repeatedly against his frenulum (that little ridge on the underside of where the head meets the shaft) and press it flat against the sides of his hard-on using sweeping strokes as you lick up and down. Adding saliva or water-based lube to his shaft, move your hand up and down his erection as you lower your mouth to his balls, gently sucking on the supple skin. Then, trailing your tongue to his perineum (the nerve-packed stretch of skin between his testicles and anal opening), you'll likely reveal a hot spot he didn't even know he had. Other tried-and-true tricks: Use a gentle tongue touch to tease and tantalize, and play with an array of patterns and pressures, take note of one particular oral motion that makes him writhe in ecstasy and use it when you want to bring him to climax.

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