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# COSMOPOLITAN

## EXPERTS

sex advice

from Amy Levine, Cosmo's Carnal Counselor

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## "Can guys tell when a girl is having an orgasm?"

**Q** Can guys physically tell or feel when a girl is having an orgasm?

**A** Not necessarily. Since no two orgasms are alike -- even for the same person, they can range from full-body quakes to subtle waves of pleasure -- the physical signs may not always be obvious enough for your dude to detect. He might feel your heart race through your chest as your breath quickens and experience your vaginal walls contracting around his shaft if you're doing the deed. Or he may notice the skin on your face, chest and neck redden with a temporary splotch known as a sex flush. But in actuality, the only way he'll know for sure that you've climaxed is if you tell him -- and that's something he'll *definitely* want to hear.

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