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COSMOPOLITAN

EXPERTS

sex advice

from Amy Levine, Cosmo's Carnal Counselor

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"Condoms make him lose his erection"

Q My boyfriend always gets soft when he tries to put on a condom. How can I help him?

A Your guy is probably losing his erection because interrupting the action to roll on the rubber can decrease his excitement level. But if you make putting it on part of your romp routine, you'll be able to move seamlessly and sensually from foreplay to intercourse -- without him losing any steam.

Before you get hot and heavy, unwrap the condom and place it and some water-based lube within easy reach for a smoother transition. When he's fully erect and ready to do the deed, rub some lube on his member. Then pinch the tip of the condom between two fingers to get the air out and place it on the head of his penis (leaving a little space at the tip to collect the semen) with one hand as you roll it all the way down his shaft with your other hand. Once he's securely under wraps, add some more of the slick stuff to your hand and continue to stroke him up and down until he enters you.

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