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# COSMOPOLITAN

## EXPERTS

### sex advice

from Amy Levine, Cosmo's Carnal Counselor

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## "How do I ask him for oral sex?"

**Q** How do I get my new boyfriend to go down on me if he doesn't offer? He loves when I do it to him. I don't want to sound critical, but I need oral sex to climax.

**A** Dating a guy who's tongue-tied, so to speak, can definitely be a drag. But giving oral sex is an incredibly intimate act. It's possible that your new guy is waiting till he feels more comfortable with you before he heads downtown. Or perhaps he's still not sure what pushes your hot buttons. Since he can't read your mind, it's up to you to clue him in. As long as you ask for what you want -- and need -- in a non-accusatory way, you're not being critical; you're just taking control of your pleasure. In fact, contrary to what you might think, most guys welcome frisky feedback. Knowing they're getting you off gets them off, too.

Next time he's lavishing your breasts or belly with licks and kisses, tell him, in your most sensuous voice, how amazing it would feel if he did that to you below the belt. If he still isn't down with the deed, he may just have a case of performance anxiety. Give him a tantalizing tutorial by playing a sexy game of show and tell. Take his hand and run your tongue along the crease between his thumb and forefinger using the same rhythm and pressure that you'd like him to use on you. Say something like, "This is the way I like to be licked. Wanna try?"

Another possible problem: While most men love the scent of a woman, some are a little squeamish about putting their mouths on her private parts. Try suggesting a shower for two before hitting the sack and see if that makes him more prone to giving you the kind of loving you crave. Hopefully, one of these ploys will work. But, if you're still unsuccessful in your erotic endeavors, and you truly can only climax from oral stimulation, you're going to have to decide if a relationship with this guy is worth sacrificing your sexual satisfaction. Remember, there are lots of men who will not only go down on you without having to ask for it, but who will absolutely relish doing it.