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COSMOPOLITAN

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sex advice

from Amy Levine, Cosmo's Carnal Counselor

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"How do I bring up using a sex toy with my man?"

Q I want to use my vibrator with my man. How can I introduce it without intimidating him?

A When you and your man are fooling around, casually mention that you think it would be fun to try using your vibrator in the sack. He might be so turned on by the idea that he'll want you to whip out your sex toy on the spot. However, there's also a chance that he'll jump to the conclusion that you need extra accoutrements to be fully satisfied because he's not up to the job. If that's not the case, and you simply want to try some pleasure props to spice things up, say something like, "You make me feel great in bed, but I've been fantasizing about how hot it would be if we tried using a vibrator together."

If, on the other hand, he's not able to bring you to orgasm, explain that you love being with him, and the toy isn't replacing him, but you need a little extra stimulation to climax. It will be easier on his ego if you start with the "egg" or "bullet" type of vibrator, which is less "threatening" than the larger, phallus-shaped ones. It will probably also help if you put him in charge of the electronic action -- have him hold it against your hot spots or place it between both of your genitals when you're having intercourse -- so he feels like a proactive partner.

Chances are, once he understands that you need the sex toy to reach sexual satisfaction, he'll be willing to give it a try. And who knows? He might be very pleasantly surprised.

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