



# COSMOPOLITAN

## EXPERTS

### sex advice

from Amy Levine, Cosmo's Carnal Counselor

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## "My boyfriend smells below the belt"

**Q** My boyfriend wants me to give him oral sex, but he has a bad odor down there. I think the reason may be that he sweats a lot. I don't want to tell him and hurt his feelings. Help! I'm running out of excuses.

**A** Every guy has his signature scent, but sweat can definitely turn your man's natural aroma a little sour. There's no easy way to approach hygiene-related odors, but if you want to eradicate the stench and add flavor to your sex life, your best bet is to talk with him.

Let him know that you want to discuss something that affects both of you. Timing is key, so bring it up during casual conversation -- not when you're about to get it on. You can start the conversation by saying something like, "I really want to go down on you, but you have a sweaty scent." Chances are, he'll agree to clean up his act rather than forgo oral action.

If you're too uncomfortable being that up-front with him, you can try a more subtle approach and deodorize your guy by seductively suggesting you take a shower or bath for two before you hit the sack. You'll wash away his lust-busting scent -- and work him into a lather of the hot and horny kind -- by sensuously massaging his genitals with soap and warm water. If he's uncircumcised, smegma, a cheesy substance that forms under the foreskin, may be the nose-offending culprit. So gently retract the foreskin when you clean around the glans (the head of his penis).

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