

# COSMOPOLITAN

## EXPERTS

### sex advice

from Amy Levine, Cosmo's Carnal Counselor

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## "My guy isn't circumcised"

**Q** I've just started dating a guy who's uncircumcised. I've never encountered this before. What should I expect, and are there any special tips I should know?

**A** When your guy's penis is flaccid, a nerve-packed sheath of skin, known as the foreskin, covers and protects the head (glans). When erect, the foreskin retracts, and some or all of the glans becomes exposed. A circumcised penis is accustomed to 24/7 exposure and may toughen over time as a result of brushing against the fabric of underwear or pants. An uncircumcised member, on the other hand, may be more sensitive to touch because it's usually under wraps.

If your man indicates that his penis needs a little more TLC, use water-based lube when stimulating him manually and go easy on him. You'll send him over the erotic edge during oral sex if you insert the tip of your tongue underneath his foreskin and swirl it in a circular motion. And you can maximize the sensation he feels when using a condom by making sure the foreskin is completely pulled back before rolling on the rubber.

If you find that he's overly sensitive, let him direct the action. If he knows you are eager to please him, he will be just as eager to educate you.

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