

COSMOPOLITAN

EXPERTS

sex advice

from Amy Levine, Cosmo's Carnal Counselor

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"My labia are lopsided"

Q My vulva looks really weird because one lip is longer and more wrinkled-looking than the other. I have been putting off doing anything sexual with my boyfriend because I'm embarrassed about it. Is there anything I can do to fix it?

A Forget about the idealized view of what your labia should look like.

Every woman's vaginal lips are different. They vary in shape, size, texture and color. They may lie close together or be spread apart. And, even though the asymmetry is glaringly obvious to you (we tend to be superconscious of our "flaws"), there's a good chance that your boyfriend wouldn't even notice. Also, realize that your labia, which are packed with nerve endings, blood vessels and other sensitive tissue, will look different as you become sexually aroused because they swell.

But, even if your guy does notice the discrepancy in your vaginal lips, if the two of you have a caring, supportive and respectful relationship, he'll embrace all that you have to offer. So, if you're ready to take your intimacy to the next level, give him the green light. Exuding confidence -- not acting ashamed -- while getting it on will undoubtedly charge him up, since there's nothing sexier than a woman who is comfortable in her skin.

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