

# COSMOPOLITAN

## EXPERTS

### sex advice

from Amy Levine, Cosmo's Carnal Counselor

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## "Our libidos are out of sync"

**Q** I moved in with my boyfriend a month ago, and ever since, he's wanted to have sex every night and most mornings. But I don't need it as often. He says it's normal to have it that frequently. Is this true?

**A** Doing it 14 times a week is a lot -- but that doesn't mean it's not normal.

Since you two just moved in together, he might be super-horny because he gets to sleep next to you every night. But levels of desire vary for each person and can change over time. So, even though your boyfriend seems to be constantly jonesing for you, it's likely that his libido will level out over time. It's even possible that one day the tables will be turned, and you'll be the one with the insatiable appetite. In the meantime, take it as a compliment that he's so hot for you he can't get enough.

Since you've taken the big step of moving in together, hopefully you're open enough with each other to discuss your sexual needs. Make sure your guy knows that when you turn down sex, you aren't turning him down. But also remember that just because you don't feel horny every time he's ready to get it on doesn't mean you can't get excited. A guy doesn't need much to get revved up; the mere sight of you naked can be enough to get him going. On the other hand, most women need more TLC before they're raring to go. So, when you aren't in the mood, tell your guy that with some special attention from him, you might be persuaded otherwise. But don't feel pressured to put out when you just aren't into it. If you and your boyfriend have a mutually caring relationship, you should be able to reach a carnal compromise.

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