

COSMOPOLITAN

EXPERTS

sex advice

from Amy Levine, Cosmo's Carnal Counselor

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"Should I have a threesome?"

Q Lately I've been fantasizing about having a threesome with my boyfriend and another girl. I love my guy, but now I'm wondering if I might be bisexual. How should I go about talking to him about this?

A It's totally normal to think about all sorts of sexual scenarios. But it doesn't mean you have to -- or even want to -- turn your fantasies into reality. Nor does it mean you're bisexual. It's quite common for straight women to become aroused by the idea of having sex with another woman. You say you are in love with your boyfriend, so don't stress about it. Just enjoy your erotic daydreams, using them to amp up your masturbation or sack sessions, without feeling guilty or worried.

You don't have to share all your sexual whims with your man, but if you want to, he'll probably find it a turn-on, too. Let your mental ménage à trois be the inspiration for some fun dirty talk. Simply discussing the juicy details together may be enough to satisfy you.

If the two of you do decide to try a trio, proceed with care. You never really know how you'll feel once you're confronted with the sight of your boyfriend being intimate with another woman. And while your guy may think that watching you get it on with a female will be fun, he might get super-jealous, too. This kind of sexual experimenting requires an exceeding amount of maturity, not to mention a very tight bond between you and your partner. Chances are, you're better off keeping these desires in the fantasy realm rather than taking the chance of ruining a relationship.

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